Parents and Technology: Ignorance is NOT Bliss

August 24, 2005

Some Potential Benefits of Technology

- Opportunity for increased communication
 - parents/children
 - children/friends
 - children/teachers, etc.
- Vast amount of available information
- Convenience
 - Shop from home
 - Print off directions
 - Pay bills, etc.
- Enjoyment

Some Specific Types of Technology

- Internet
 - General internet usage pornography, etc.
 - Instant Messenger
 - Chat Rooms
 - Xanga Sites/Online Diaries/Blogs
 - Email
- Television
- Cell Phones
- Video Games
- Music iPods/mP3 players



Goal of our Meeting

- Not to teach you everything there is to know about the technology that could be a part of your child's life
- Not even to teach you everything you need to know about the technology that could be a part of your child's life

The Responsibility of Parents

- While not being ultimately responsible for their children's sins, parents do have considerable responsibility for who and what has influenced their children, and so do have some level of responsibility for their sin.
- 1 Samuel 3:10-14

Goal of our Meeting

- To encourage and better equip you to deal with technology in your role as parents
 - To make you aware of the technology that could be a part of your child's life
 - To show you some of the potential dangers which could come from that technology
 - To give you some practical instruction and tools related to dealing with that technology

The Authority of Parents

- Parents are the primary God-given authority for their children
 - Colossians 3:20
 - Ephesians 6:1
- Two critical purposes for your authority are outlined in Psalm 127
 - Guarding or Protecting
 - Building

The Role of Parents

Tedd Tripp, in his book *Shepherding a Child's Heart (p. 126)*, says, "Parenting involves:

- (1) Providing the best shaping influences you can
- (2) The careful shepherding of your children's responses to those influences"

The Role of Parents

As a parent, you have:

- Responsibility for your children
 - to give protection, instruction and discipline. This implies the need for:
 - Awareness
 - Action
- Authority over your children
 - to give protection, instruction, and discipline

The Role of Parents related to Technology

Parenting involves:

- (1) Providing the best shaping influences you can by guarding your children from the ungodly influences available through technology guarding or protecting them
- (2) Carefully shepherding your children's responses to the technology that is a part of their lives building or instructing them

Technology and the Heart

As parents, we must think of technology as it relates to our child's heart.

Proverbs 4:23 "Watch over your heart with all diligence, for from it flow the springs of life."

Technology and the Heart

Your child's use of technology:

- Influences their heart watch over or guard your heart
- Reveals their heart from it flow the springs of life

Be careful to address more than just the behavior of your children related to their use of technology Don't simply set up rules or other safeguards to protect your child.

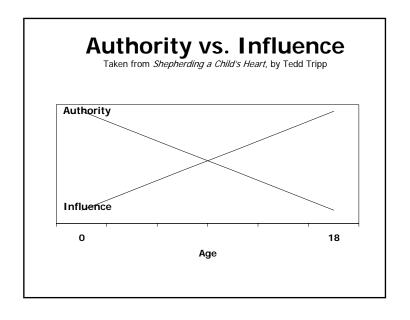
General Principles for Parenting and

Technology

- Go beyond their behavior to deal with the heart issues.
- Biblical communication with your children about these issues is vital.

General Principles for Parenting and Technology

■ Understand the balance of authority (forcing your children to obey) and influence (motivating/teaching your children to choose what is right) relative to your child's age.



General Principles for Parenting and Technology

- Understand the balance of authority (forcing your children to obey) and influence (motivating/teaching your children to choose what is right) relative to your child's age.
 - Don't just force compliance
 - Teach your children to make godly choices with regards to technology

General Principles for Parenting and Technology

- Be careful of who and what are influencing your child
 - 1 Corinthians 15:33
 - Proverbs 13:20
 - Colossians 2:8
 - Technology has greatly increased children's and youth's access to ungodly people and ideas.

General Principles for Parenting and Technology

- Be careful what opportunities your children have for doing evil in secret
 - Ephesians 5:7-13
 - Technology has greatly increased the opportunities for evil (particularly anonymous and secret sin) available to children and youth today.

Potential Dangers...

- The dangers which we will talk about are not guaranteed to happen with these types of technology
- However, there is the potential that they are happening or could happen
- As parents you must evaluate:
 - Are these happening in my life?
 - Are these happening in the life of my child?

Some Specific Types of Technology

- Internet
 - General internet usage pornography, etc.

Potential Safeguards for Internet Usage

- Don't put a computer with internet in your child's bedroom. Keep it where it is visible.
- Monitor what the internet is being used for

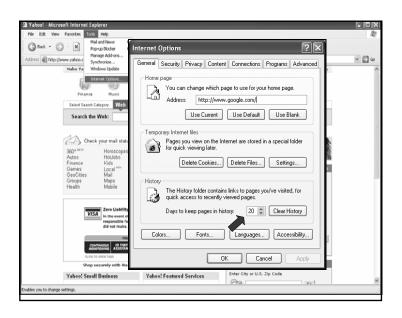
Potential Dangers of Internet Usage

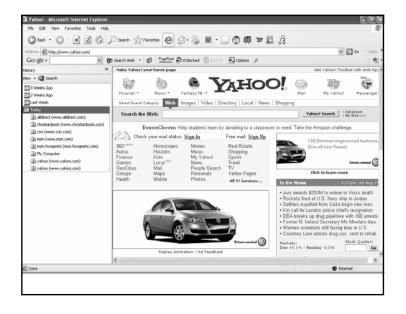
- Exposure to ungodly people, attitudes, ideas, behavior, etc.
 - Potential for "negative" research
 - Significant impact on our thinking or worldview
 - Works against the "renewing of our minds"
 - Violates the commands of Scripture
 - i.e. Philippians 4:8, Ephesians 5:3
- Opportunity to "privately" sin it brings evil directly into your home
- Waste of time
 - Ephesians 5:15-17

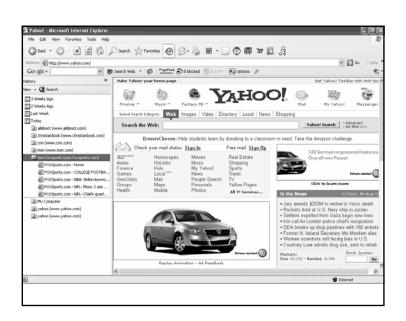






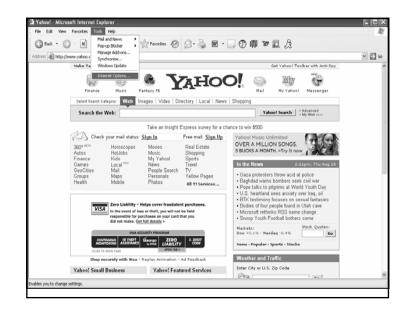


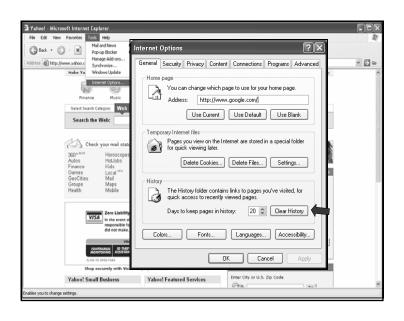




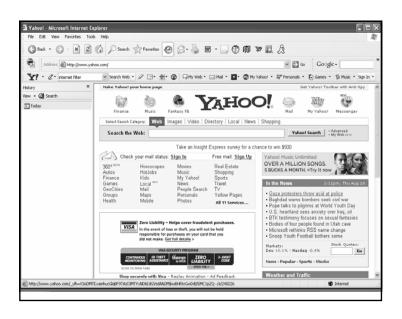


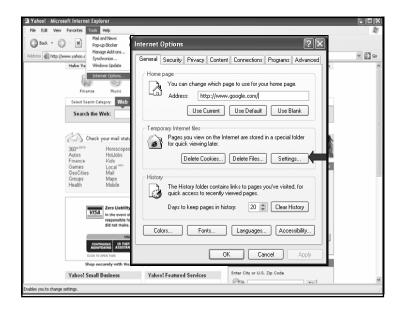


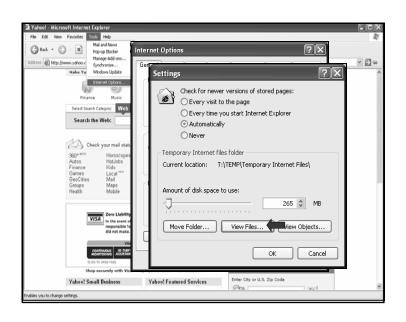


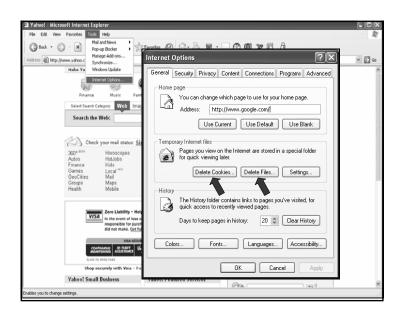


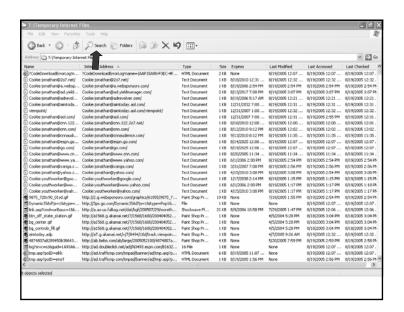


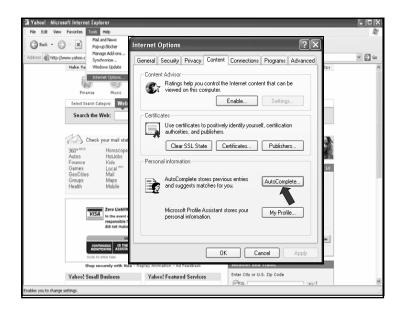


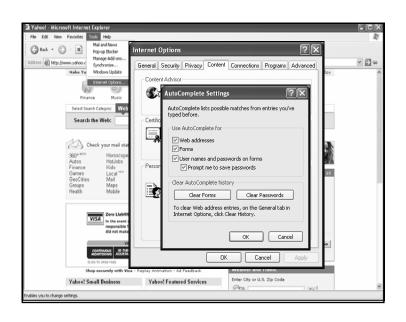


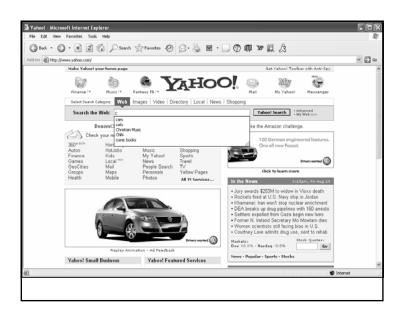


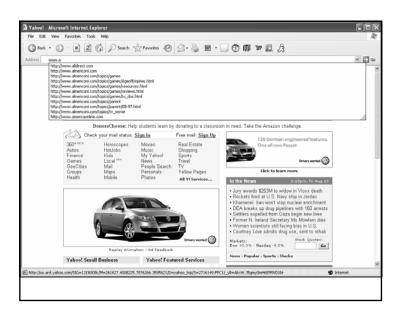


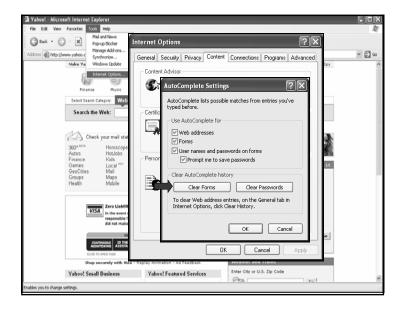






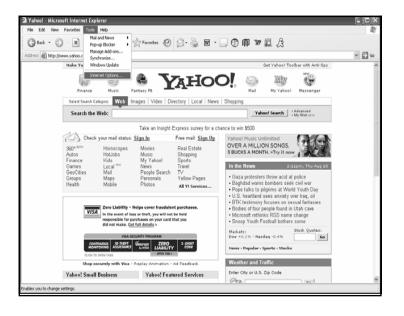






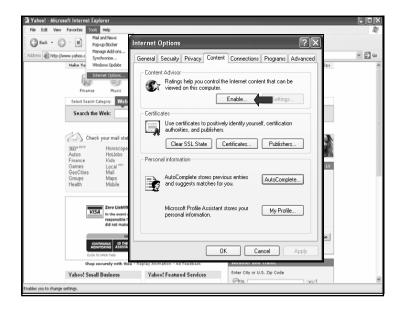
Potential Safeguards for Internet Usage

Index.dat file – keeps a more permanent record of internet usage. Some information is coded, but you can open it in notepad and search for specific phrases.



Potential Safeguards for Internet Usage

- Don't put a computer with internet in your child's bedroom. Keep it where it is visible.
- Monitor what the internet is being used for
 - This is only an after-the-fact safeguard
 - It is a good first step to see what has been going on but it is not enough
- Limit what can be viewed online (both websites and pop-ups)



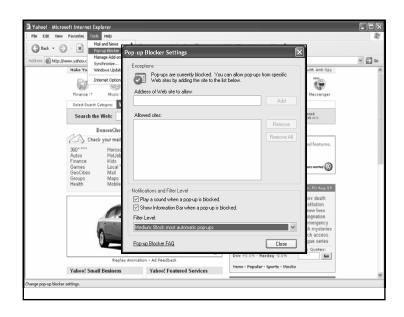




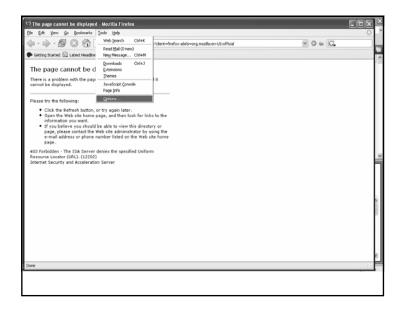


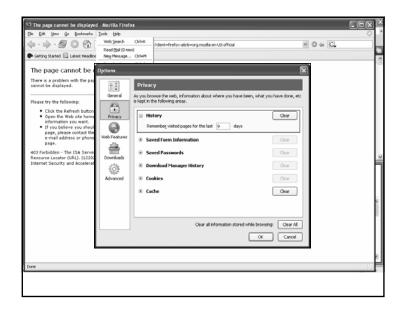












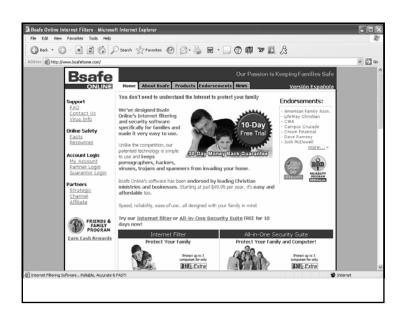


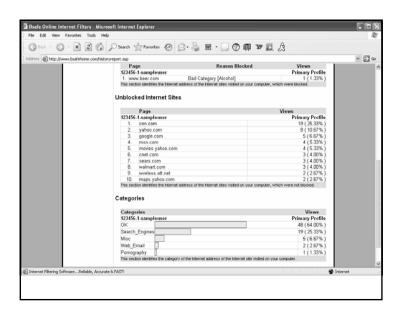
Potential Safeguards for Internet Usage

- Don't put a computer with internet in your child's bedroom. Keep it where it is visible.
- Monitor what the internet is being used for
- Limit what can be viewed online (both websites and pop-ups)
- Utilize other software to help with these things (but know they are not foolproof!)

Potential Safeguards for Internet Usage

- Norton Internet Securities Parental Controls
- Bsafe Online (www.bsafe.com)







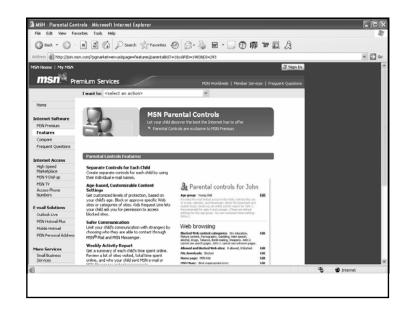
Potential Safeguards for Internet Usage

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- Bsafe Online (www.bsafe.com)
- <u>www.getnetwise.com</u> information on lots of other tools and resources





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- <u>www.spectorsoft.com</u> Spector Pro





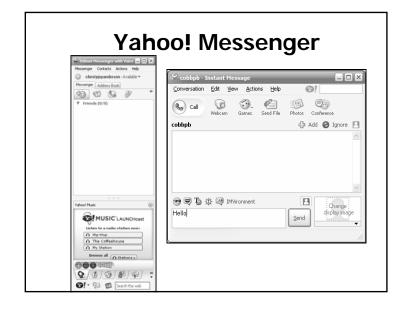
More Potential Safeguards for Internet Usage

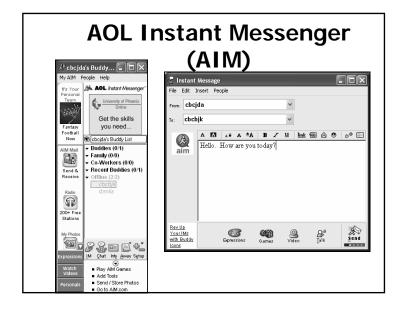
- Be aware of and talk with them about their internet usage away from home (friend's houses, library, school, etc.)
- Limit time spent on the internet
- Only allow them on the internet when you are with them
- In some cases: Get rid of the internet

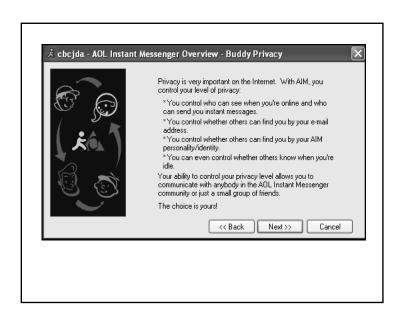
Some Specific Types of Technology

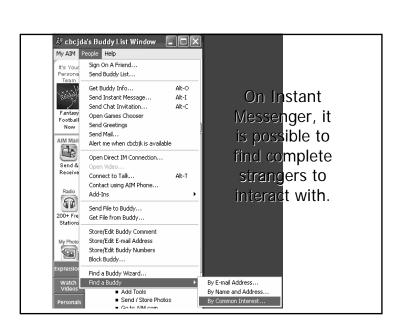
Internet

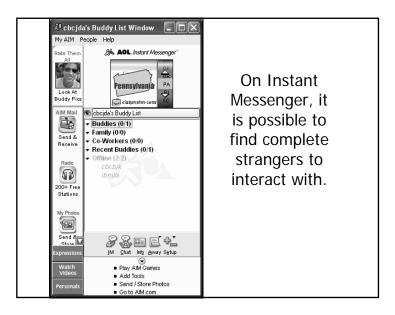
- General internet usage pornography, etc.
- Instant Messenger

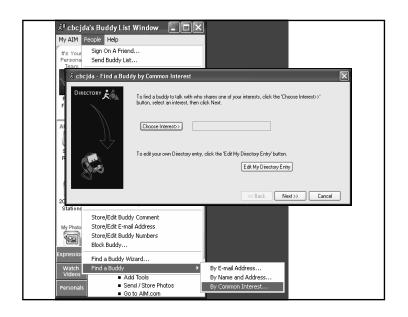


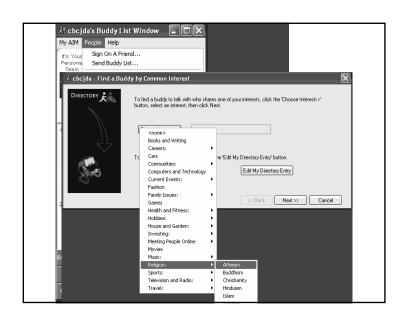


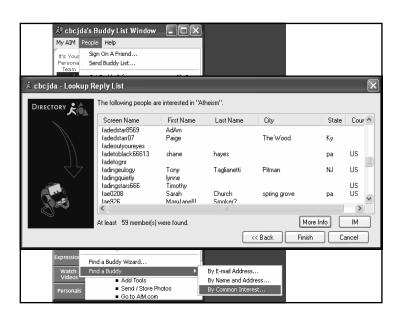




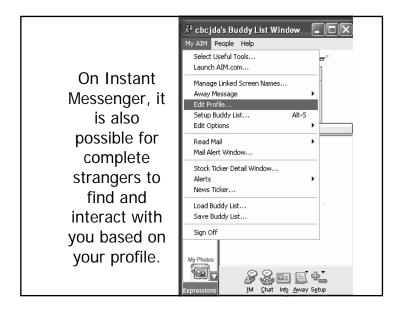


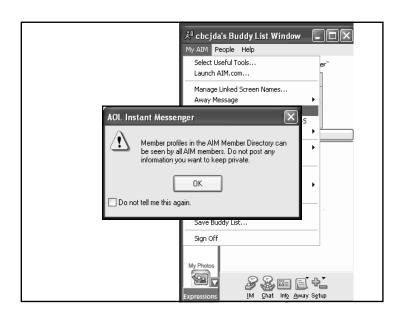


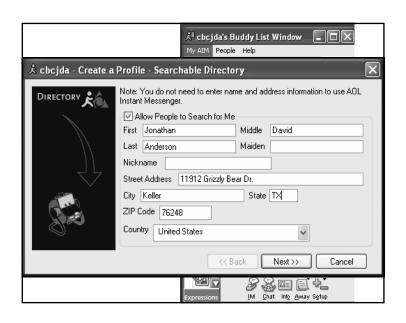




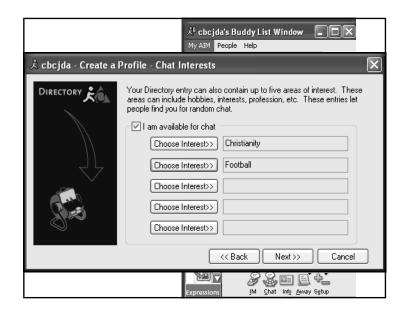


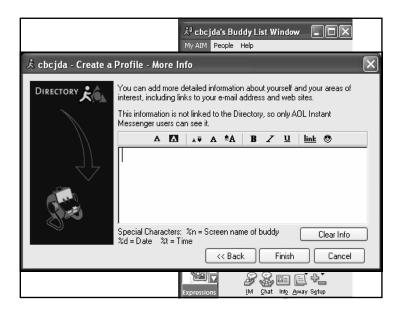










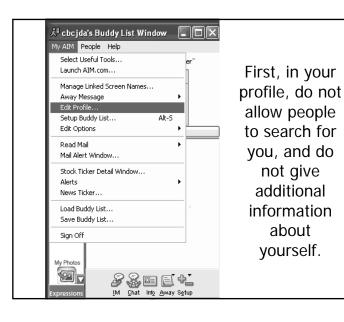


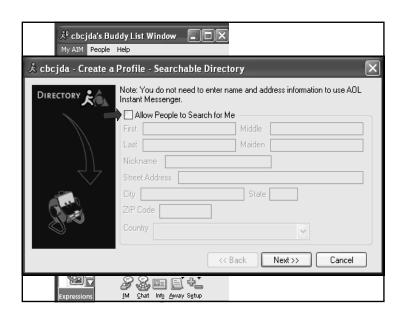
Potential Safeguards for Instant Messenger

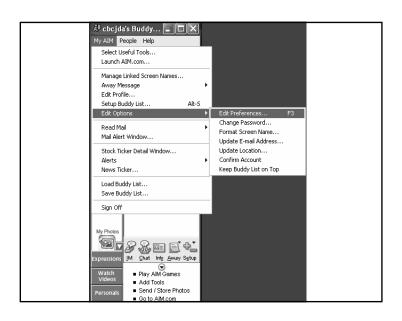
- Cultivate a good relationship and good communication with your child.
- Don't put a computer with internet in your child's bedroom. Keep it where it is visible.
- Adjust the Instant Messenger settings to minimize the potential interaction with those who are ungodly (particularly strangers)

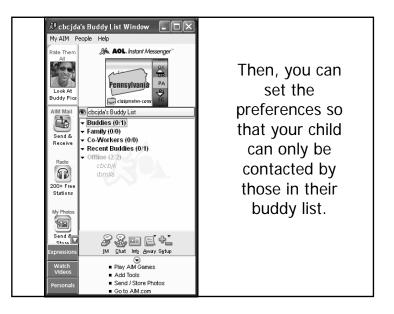
Potential Dangers of Instant Messenger

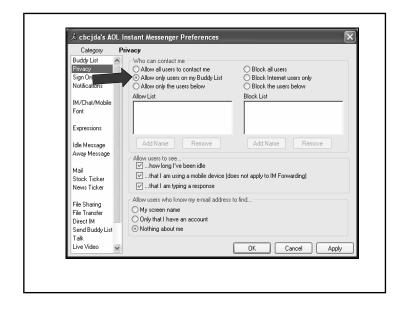
- Interaction with those who are ungodly
 - Influence of ungodly people, particularly those you do not know
 - Potential for giving out personal information which could place your child in a position to be harmed
- Waste of time

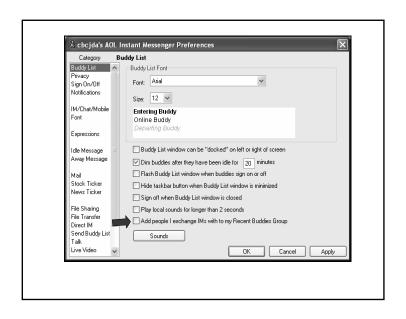


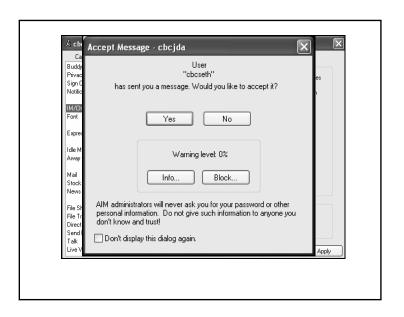


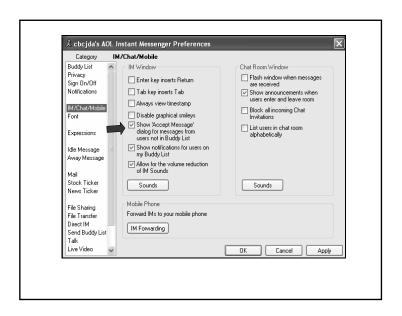


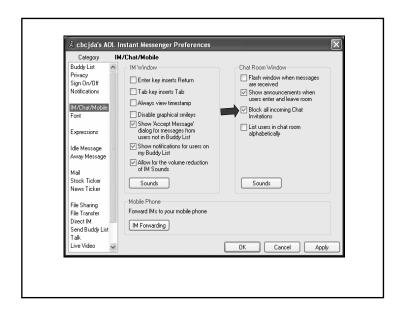


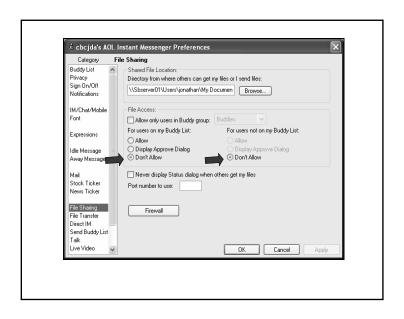


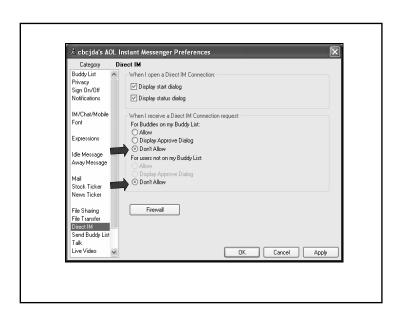


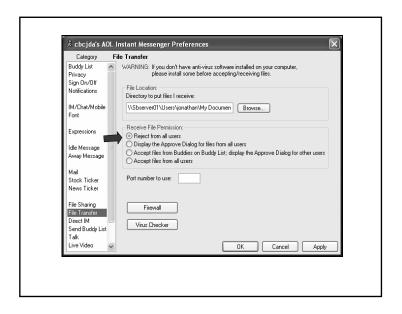


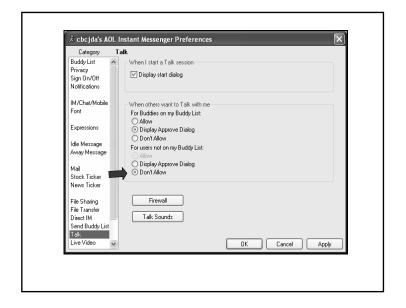


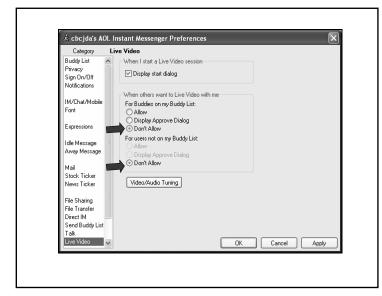












Potential Safeguards for Instant Messenger

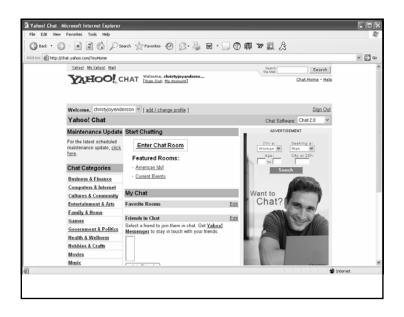
- Limit time spent on the internet and specifically on Instant Messenger
- In some cases: Get rid of Internet or Instant Messenger

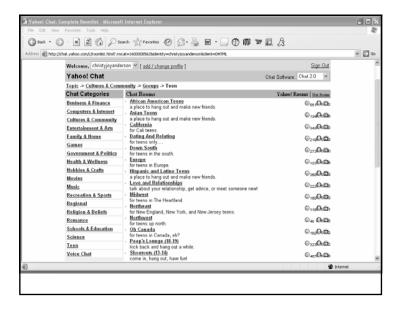
Potential Safeguards for Instant Messenger

- Don't put a computer with internet in your child's bedroom. Keep it where it is visible.
- Adjust the settings to minimize the potential interaction with those who are ungodly (particularly strangers)
- Ask your kids who they are talking to, what they are talking about, and if they ever talk with those they don't know

Some Specific Types of Technology

- Television
- Internet
 - General internet usage pornography, etc.
 - Instant Messenger
 - Chat Rooms





Potential Dangers of Chat Rooms

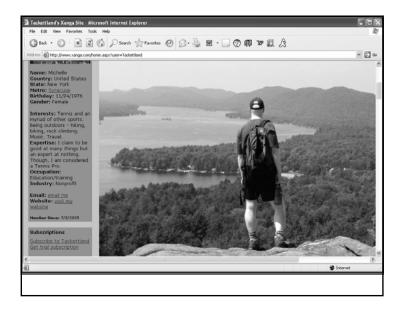
- Interaction with those who are ungodly
 - Influence of ungodly people, particularly those you do not know
 - Potential for giving out personal information which could place your child in a position to be harmed
- Waste of time

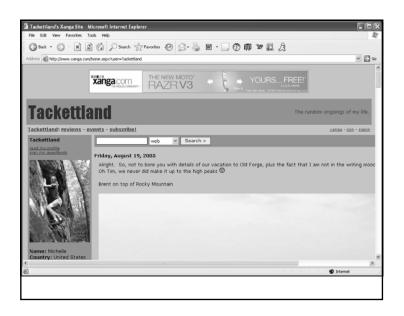
Potential Safeguards for Chat Rooms

- Cultivate a good relationship and good communication with your child.
- Don't put a computer with internet in your child's bedroom. Keep it where it is visible.
- Don't allow your children to use chat rooms
 - Use a filtering program that blocks them
 - Monitor their internet usage

Some Specific Types of Technology

- Television
- Internet
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 - Xanga Sites/Online Diaries/Blogs















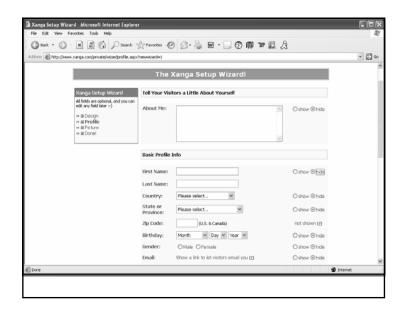


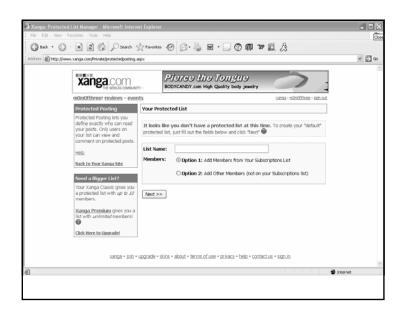
Potential Safeguards for Xanga/Online Diaries

- Don't put a computer with internet in your child's bedroom. Keep it where it is visible.
- Monitor how they use it Visit their site often
- Monitor what other Xanga sites they are going to (as described under General Internet usage)
- Talk about what they put on their site
- Set up their site to not show personal information and to keep postings private

Potential Dangers of Xanga/Online Diaries

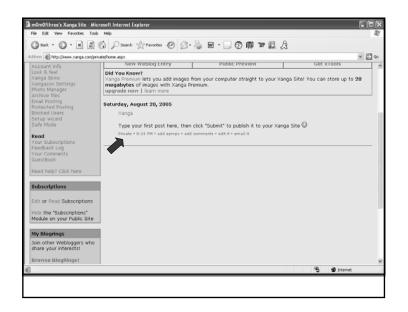
- Interaction with those who are ungodly
 - Influence of ungodly people, particularly those you do not know
 - Exposure to evil
 - Potential for giving out personal information which could place your child in a position to be harmed







- Don't put a computer with internet in your child's bedroom. Keep it where it is visible.
- Monitor how they use it Visit their site often
- Monitor what other Xanga sites they are going to (as described under General Internet usage)
- Talk about what they put on their site
- Set up their site to not show personal information and to keep postings private
- Block others who post inappropriate content





Potential Safeguards for Xanga/Online Diaries

- Don't put a computer with internet in your child's bedroom. Keep it where it is visible.
- Monitor how they use it Visit their site often
- Monitor what other Xanga sites they are going to (as described under General Internet usage)
- Talk about what they put on their site
- Set up their site to not show personal information and to keep postings private
- Block others who post inappropriate content
- In some cases: Don't allow them to use it

Potential Dangers of Email

■ Exposure to ungodly people, attitudes, and actions – either intentionally or unintentionally (through spam)

Some Specific Types of Technology

- Internet
 - General internet usage pornography, etc.
 - Instant Messenger
 - Chat Rooms
 - Xanga Sites/Online Diaries/Blogs
 - Email

Potential Safeguards for Email

- Don't put a computer with internet in your child's bedroom. Keep it where it is visible.
- Monitor how they use email
 - Possibly have them use the family email account
 - Periodically look through the emails they are sending and receiving (but know that many will know how to keep you from finding things that they don't want you to find)
- Use a server or software to block spam

Some Specific Types of Technology

- Internet
 - General internet usage pornography, etc.
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- Television

Potential Safeguards for Television

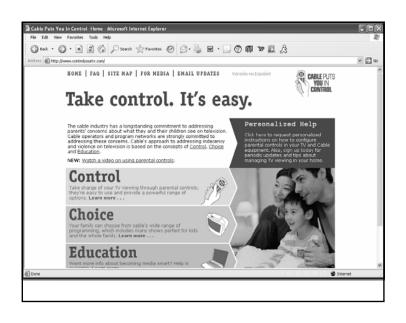
- Don't put a TV in your child's bedroom. Keep it where it is visible.
- Limit what you allow on your TV
 - No TV
 - Tape things that are appropriate fast forward through commercials, previews, etc. that aren't
 - No cable or satellite TV
 - Use the features of your TV, cable provider or satellite provider to limit access to certain channels

Potential Dangers of Television

- Exposure to ungodly people, attitudes, and actions
 - Significant impact on our thinking or worldview
 - Works against the "renewing of our minds"
 - Violates the commands of Scripture
 Philippians 4:8, Ephesians 5:3
- Opportunity to "privately" sin it brings evil directly into your home
- Waste of time

Potential Safeguards for Television

www.controlyourtv.com (for cable TV)





Potential Safeguards for Television

- www.controlyourtv.com (for cable TV)
- www.directv.com (or other specific satellite TV website)



Potential Safeguards for Television

- Don't put a TV in your child's bedroom. Keep it where it is visible.
- Limit what you allow on your TV
 - In some cases: Get rid of the TV
 - Tape things that are appropriate fast forward through commercials, previews, etc. that aren't
 - No cable or satellite TV
 - Use the feature of your TV, cable provider or satellite provider to limit access to certain channels
- Talk about what they watch. Watch it together (don't use the TV as a babysitter).
- Limit the time spent watching TV

Potential Dangers of Cell Phones

- Interaction with those who are ungodly
 - More challenging to monitor than a land line because they can talk anywhere and anytime
- Opportunity to cheat
 - Text messaging
 - Camera phones
- Unrestricted internet access

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Potential Safeguards for Cell Phones

- Monitor your child's cell phone usage
 - Talk to them about it
 - Look at their phone
 - Pictures/videos
 - Text messages
 - Look at your cell phone bill
 - When are they talking, how much, to whom
 - When are they text messaging, how much, to whom
- Don't give your children internet access through their phone
- In some cases: Get rid of the cell phone

Some Specific Types of Technology

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- Cell Phones
- Video Games

Potential Safeguards for Video Games

- Don't put a TV and video game system in your child's bedroom. Keep it where it is visible.
- Limit what video games you allow
 - Observe the games your child plays (or play with them ⁽¹⁾)
 - Use game ratings to help decide appropriate games

Potential Dangers of Video Games

- Exposure to ungodly people, attitudes, and actions (through fictional characters)
 - Still had a significant impact on our thinking or worldview
 - Works against the "renewing of our minds"
 - Violates the commands of Scripture
- Opportunity to "virtually" sin to practice sin through a video game character
- Become consumed with things that are unreal (Philippians 4:8, Colossians 3:1-2)
- Waste of time

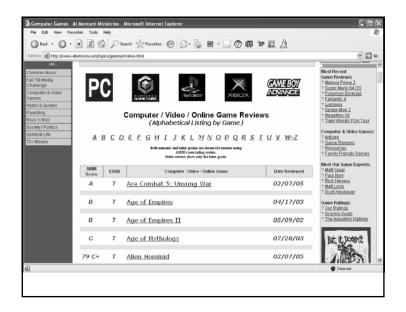
Potential Safeguards for Video Games

- www.esrb.org
- www.esrb.org/esrbratings_guide.asp

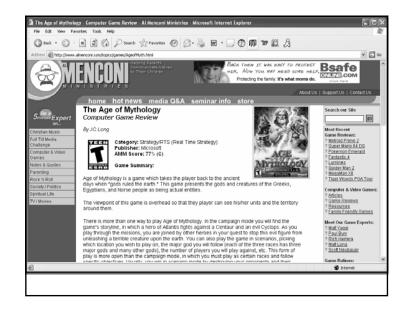


Potential Safeguards for Video Games

- Don't put a TV in your child's bedroom. Keep it where it is visible.
- Limit what video games you allow
 - Observe the games your child plays (or play with them ③)
 - Use game ratings to help decide appropriate games
 - Use websites to find reviews of games before buying them (www.almenconi.com)







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- Limit the time spent playing video games
- In some cases: Get rid of the video games or the entire game system

Some Specific Types of Technology

- Television
- Internet
 - General internet usage pornography, etc.
 - Instant Messenger
 - Chat Rooms
 - Xanga Sites/Online Diaries/Blogs
 - Email
- Cell Phones
- Video Games
- Music iPods/mP3 players

Music – iPods/mP3's



Potential Dangers of iPods/mP3's

- Influence of ungodly music
 - Particularly difficult to monitor the music on an iPod – songs can be downloaded directly from the computer.
 - Significant impact on our thinking and worldview
 - Works against the "renewing of our minds"
 - Violates the commands of Scripture
- Waste of time

Potential Safeguards for iPods/mP3's

- Monitor what your child is listening to
 - Talk to them about what they listen to
 - Listen to it with them
 - Check their iPod for what is on it
- Limit the time spent listening
- In some cases: Don't get/get rid of their iPod

Common Excuses

- I want my kids to have their privacy
 - Privacy is not a God-given right
 - Teach them that God sees and knows everything
 - Proverbs 15:3

Common Excuses

- I don't want to spy on my kids; we've built trust and I don't want to ruin that.
 - Communicate well with them
 - Help them understand what you are doing and why
 - Talk with them about the most beneficial safeguards for your family
 - Demonstrate personal humility and the need for accountability
 - These safeguards aren't just for your children!!
 - Talk to them about how you set up safeguards for yourself
 - Do what needs to be done for your specific child

Common Excuses

- I enjoy/benefit from some of the things that are a danger to my kids
 - Be willing to make sacrifices for the sake of your child's (and your own) holiness.
 - Matthew 5:29-30 Radical Amputation

What do I do when...

I find out my child has been using technology in ways that are sinful:

- ■Take the opportunity to shepherd their heart!!
 - Humbly and lovingly confront them
 - Talk to them about it go beyond the behavior to the heart issues (lust, etc.)
 - Implement appropriate safeguards
- ■Know that you are not alone in dealing with it
 - Prayerfully depend on the Lord
 - Seek counsel from others as needed

Pray and Act

Nehemiah 4:9

"But we prayed to our God, and because of them we set up a guard against them day and night."

What do I do when...

I find out my child has been using technology in ways that are foolish or dangerous:

- ■Take the opportunity to shepherd their heart
 - Don't overreact
 - Humbly and lovingly talk to them about it
 help them understand the dangers, etc.
 - Implement appropriate safeguards
 - Follow up with them

Humbly Depend on the Lord

Psalm 127:1-2

"Unless the Lord builds the house, They labor in vain who build it; Unless the Lord guards the city, The watchman keeps awake in vain. It is vain for you to rise up early, To retire late, To eat the bread of painful labors; For He gives to His beloved even in his sleep."