BIBLICAL COUNSELING

Christian Disciplines
And
The Doctrine of Sin

CHRISTIAN DISCIPLINES

Time in the Word – reading and studying

Prayer

Scripture Memory

Scripture Meditation

Service

Evangelism

Worship

SIN DEFINED

The failure to conform to the moral law of God. It is anything that is contrary to the righteousness of God.

The unbeliever sins because they are in bondage to sin.

Romans 3:10–18

- ¹⁰ as it is written, "There is none righteous, not even one;
- ¹¹ There is none who understands, There is none who seeks for God;
- ¹² ALL HAVE TURNED ASIDE, TOGETHER THEY HAVE BECOME USELESS; THERE IS NONE WHO DOES GOOD, THERE IS NOT EVEN ONE."
- 13 "Their throat is an open grave, With their tongues they keep deceiving," "The poison of asps is under their lips";
- ¹⁴ "Whose mouth is full of cursing and bitterness";
- ¹⁵ "Their feet are swift to shed blood,
- ¹⁶ Destruction and misery are in their paths,
- ¹⁷ AND THE PATH OF PEACE THEY HAVE NOT KNOWN."
- ¹⁸ "There is no fear of God before their eyes."

Romans 5:12

12 Therefore, just as through one man sin entered into the world, and death through sin, and so death spread to all men, because all sinned—

A Believer is no longer under the bondage of sin.

Romans 6:11–18

- ¹¹ Even so consider yourselves to be dead to sin, but alive to God in Christ Jesus.
- ¹² Therefore do not let sin reign in your mortal body so that you obey its lusts,
- ¹³ and do not go on presenting the members of your body to sin as instruments of unrighteousness; but present yourselves to God as those alive from the dead, and your members as instruments of righteousness to God.
- ¹⁴ For sin shall not be master over you, for you are not under law but under grace.
- ¹⁵ What then? Shall we sin because we are not under law but under grace? May it never be!
- ¹⁶ Do you not know that when you present yourselves to someone as slaves for obedience, you are slaves of the one whom you obey, either of sin resulting in death, or of obedience resulting in righteousness?
- ¹⁷ But thanks be to God that though you were slaves of sin, you became obedient from the heart to that form of teaching to which you were committed,
- 18 and having been freed from sin, you became slaves of righteousness.

As a general rule, the believer sins because they choose to. God has provided all the resources necessary to walk in a manner that honors the Lord. (Keep in mind that there are unintentional sins!)

Leviticus 4:22

²² 'When a leader sins and unintentionally does any one of all the things which the LORD his God has commanded not to be done, and he becomes guilty...

Leviticus 5:17

¹⁷ "Now if a person sins and does any of the things which the LORD has commanded not to be done, though he was unaware, still he is guilty and shall bear his punishment.

Sin is an absolute offense to God

Psalm 5:4

⁴ For You are not a God who takes pleasure in wickedness; No evil dwells with You.

Isaiah 59:2

² But your iniquities have made a separation between you and your God, And your sins have hidden His face from you so that He does not hear.

James 4:4

⁴ You adulteresses, do you not know that friendship with the world is hostility toward God? Therefore whoever wishes to be a friend of the world makes himself an enemy of God.

Sin is an absolute offense to God

1 John 2:15–17

¹⁵ Do not love the world nor the things in the world. If anyone loves the world, the love of the Father is not in him.

¹⁶ For all that is in the world, the lust of the flesh and the lust of the eyes and the boastful pride of life, is not from the Father, but is from the world.

¹⁷ The world is passing away, and also its lusts; but the one who does the will of God lives forever.

Sin is always associated with pride.

Proverbs 8:13

¹³ "The fear of the LORD is to hate evil; Pride and arrogance and the evil way And the perverted mouth, I hate.

Proverbs 6:16–17

¹⁶ There are six things which the LORD hates, Yes, seven which are an abomination to Him:

¹⁷ Haughty eyes, a lying tongue, And hands that shed innocent blood,

Sin is always associated with pride.

Psalm 5:4–5

- ⁴ For You are not a God who takes pleasure in wickedness; No evil dwells with You.
- ⁵ The boastful shall not stand before Your eyes; You hate all who do iniquity.
- 1 Peter 5:5
- ⁵ You younger men, likewise, be subject to your elders; and all of you, clothe yourselves with humility toward one another, for GOD IS OPPOSED TO THE PROUD, BUT GIVES GRACE TO THE HUMBLE.

Sin is often self-deceiving

Jeremiah 16:10–13

¹⁰ "Now when you tell this people all these words, they will say to you, 'For what reason has the LORD declared all this great calamity against us? And what is our iniquity, or what is our sin which we have committed against the LORD our God?'

11 "Then you are to say to them, 'It is because your forefathers have forsaken Me,' declares the LORD, 'and have followed other gods and served them and bowed down to them; but Me they have forsaken and have not kept My law.

12 'You too have done evil, even more than your forefathers; for behold, you are each one walking according to the stubbornness of his own evil heart, without listening to Me.

¹³ 'So I will hurl you out of this land into the land which you have not known, neither you nor your fathers; and there you will serve other gods day and night, for I will grant you no favor.'

It is generally easier to see someone else's sin rather than our own

Matthew 7:3

³ "Why do you look at the speck that is in your brother's eye, but do not notice the log that is in your own eye?

We may sin in response to someone else's sin and not recognize it.

1 Peter 2:19–20

¹⁹ For this finds favor, if for the sake of conscience toward God a person bears up under sorrows when suffering unjustly.

²⁰ For what credit is there if, when you sin and are harshly treated, you endure it with patience? But if when you do what is right and suffer for it you patiently endure it, this finds favor with God.

The Appropriate Attitude Towards Sin

Ps 97:10

10 **Hate** evil, you who love the LORD, Who preserves the souls of His godly ones;

He delivers them from the hand of the wicked.

Ps 119:104

104 From Your precepts I get understanding; Therefore I **hate** every false way.

Ps 119:163

163 I hate and despise falsehood, But I love Your law.

The Appropriate Attitude Towards Sin

Amos 5:15

15 **Hate** evil, love good, And establish justice in the gate! Perhaps the LORD God of hosts May be gracious to the remnant of Joseph.

Rom 6:11-14

- 11 Even so consider yourselves to be **dead to sin**, but alive to God in Christ Jesus.
- 12 Therefore do not let sin reign in your mortal body so that you obey its lusts,
- 13 and do not go on presenting the members of your body to sin as instruments of unrighteousness; but present yourselves to God as those alive from the dead, and your members as instruments of righteousness to God.
- 14 For sin shall not be master over you, for you are not under law but under grace.

God's response to a believer who persists in sin.

Hebrews 12:5-11

- ⁵ and you have forgotten the exhortation which is addressed to you as sons, "MY SON, DO NOT REGARD LIGHTLY THE DISCIPLINE OF THE LORD, NOR FAINT WHEN YOU ARE REPROVED BY HIM;
- ⁶ For those whom the Lord Loves He disciplines, And He scourges every son whom He receives."
- ⁷ It is for discipline that you endure; God deals with you as with sons; for what son is there whom his father does not discipline?
- ⁸ But if you are without discipline, of which all have become partakers, then you are illegitimate children and not sons.
- ⁹ Furthermore, we had earthly fathers to discipline us, and we respected them; shall we not much rather be subject to the Father of spirits, and live?
- ¹⁰ For they disciplined us for a short time as seemed best to them, but He disciplines us for our good, so that we may share His holiness.
- ¹¹ All discipline for the moment seems not to be joyful, but sorrowful; yet to those who have been trained by it, afterwards it yields the peaceful fruit of righteousness.

God's response to a believer who persists in sin.

- 1 Corinthians 11:27–32
- ²⁷ Therefore whoever eats the bread or drinks the cup of the Lord in an unworthy manner, shall be guilty of the body and the blood of the Lord.
- ²⁸ But a man must examine himself, and in so doing he is to eat of the bread and drink of the cup.
- ²⁹ For he who eats and drinks, eats and drinks judgment to himself if he does not judge the body rightly.
- ³⁰ For this reason many among you are weak and sick, and a number sleep.
- ³¹ But if we judged ourselves rightly, we would not be judged.
- ³² But when we are judged, we are disciplined by the Lord so that we will not be condemned along with the world.

The believers role towards one another

Galatians 6:1–2

- ¹ Brethren, even if anyone is caught in any trespass, you who are spiritual, restore such a one in a spirit of gentleness; each one looking to yourself, so that you too will not be tempted.
- ² Bear one another's burdens, and thereby fulfill the law of Christ.