

Training the Mind

You choose what you let into your mind.

You choose what you think about.

Your life reflects what you think about!

Training the Mind

The Unbelieving Mind

2 Corinthians 4:3–4

³ And even if our gospel is veiled, it is veiled to those who are perishing,

⁴ in whose case the god of this world has blinded the minds of the unbelieving so that they might not see the light of the gospel of the glory of Christ, who is the image of God.

Training the Mind

The Christian Mind

1 Corinthians 2:16

¹⁶ For WHO HAS KNOWN THE MIND OF THE LORD,
THAT HE WILL INSTRUCT HIM? But we have the mind of
Christ.

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The Battle for the Mind

2 Corinthians 11:3

³ But I am afraid that, as the serpent deceived Eve by his craftiness, your minds will be led astray from the simplicity and purity of devotion to Christ.

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The Battle for the Mind

2 Corinthians 10:5

⁵ We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ...

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The Christian Mind

Ephesians 4:22–24

²² that, in reference to your former manner of life, you lay aside the old self, which is being corrupted in accordance with the lusts of deceit,

²³ and that you be renewed in the spirit of your mind,

²⁴ and put on the new self, which in the likeness of God has been created in righteousness and holiness of the truth.

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The Christian Mind

Colossians 1:21–22

²¹ And although you were formerly alienated and hostile in mind, engaged in evil deeds,

²² yet He has now reconciled you in His fleshly body through death, in order to present you before Him holy and blameless and beyond reproach—

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The Christian Mind

Romans 12:1–2

¹ Therefore I urge you, brethren, by the mercies of God, to present your bodies a living and holy sacrifice, acceptable to God, which is your spiritual service of worship.

² And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect.

Training the Mind

Present your bodies as a living and holy sacrifice

Acceptable to God

An act of worship

Do not be conformed to this world

Be transformed by the renewing of your mind

You may prove the perfect will of God

Training the Mind

The Christian Responsibility

Colossians 3:1–3

¹ Therefore if you have been raised up with Christ, keep seeking the things above, where Christ is, seated at the right hand of God.

² Set your mind on the things above, not on the things that are on earth.

³ For you have died and your life is hidden with Christ in God.

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The Christian Responsibility

Philippians 4:4–8

⁴ Rejoice in the Lord always; again I will say, rejoice!

⁵ Let your gentle spirit be known to all men. The Lord is near.

⁶ Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

⁷ And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

⁸ Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things.

Training the Mind

The Christian Responsibility

Romans 8:5–8

⁵ For those who are according to the flesh set their minds on the things of the flesh, but those who are according to the Spirit, the things of the Spirit.

⁶ For the mind set on the flesh is death, but the mind set on the Spirit is life and peace,

⁷ because the mind set on the flesh is hostile toward God; for it does not subject itself to the law of God, for it is not even able to do so,

⁸ and those who are in the flesh cannot please God.

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Setting Your Mind on Things Above

2 Timothy 2:15

¹⁵ Be diligent to present yourself approved to God as a workman who does not need to be ashamed, accurately handling the word of truth.

Proverbs 23:12

¹² Apply your heart to discipline And your ears to words of knowledge.

Training the Mind

Setting Your Mind on Things Above

Psalm 119:9–11

⁹ How can a young man keep his way pure? By keeping it according to Your word.

¹⁰ With all my heart I have sought You; Do not let me wander from Your commandments.

¹¹ Your word I have treasured in my heart, That I may not sin against You.

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Setting Your Mind on Things Above

Psalm 119:92

⁹² If Your law had not been my delight, Then I would have perished in my affliction.

Psalm 119:97

⁹⁷ O how I love Your law! It is my meditation all the day.

Psalm 119:103

¹⁰³ How sweet are Your words to my taste! Yes, sweeter than honey to my mouth!

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Setting Your Mind on Things Above

Joshua 1:8

⁸ “This book of the law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it; for then you will make your way prosperous, and then you will have success.

Training the Mind

Setting Your Mind on Things Above

Jeremiah 15:16

¹⁶ Your words were found and I ate them, And Your words became for me a joy and the delight of my heart; For I have been called by Your name, O LORD God of hosts.

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Setting Your Mind on Things Above

Job 23:12

¹² “I have not departed from the command of His lips; I have treasured the words of His mouth more than my necessary food.

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Setting Your Mind on Things Above

Psalm 19:7–11

⁷ The law of the LORD is perfect, restoring the soul; The testimony of the LORD is sure, making wise the simple.

⁸ The precepts of the LORD are right, rejoicing the heart; The commandment of the LORD is pure, enlightening the eyes.

⁹ The fear of the LORD is clean, enduring forever; The judgments of the LORD are true; they are righteous altogether.

¹⁰ They are more desirable than gold, yes, than much fine gold; Sweeter also than honey and the drippings of the honeycomb.

¹¹ Moreover, by them Your servant is warned; In keeping them there is great reward.

Training the Mind

Self-Evaluation

What is your perspective of the Word of God?

If you were to write a verse that described your love for the Word of God, what would you say?

Do your priorities reflect what you say that you believe about the Word of God?

Training the Mind

The Relationship Between Temptation and God's Word

Matthew 4:1–3

¹ Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil.

² And after He had fasted forty days and forty nights, He then became hungry.

³ And the tempter came and said to Him, “If You are the Son of God, command that these stones become bread.”

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The Relationship Between Temptation and God's Word

Matthew 4:5–6

⁵ Then the devil took Him into the holy city and had Him stand on the pinnacle of the temple,

⁶ and said to Him, “If You are the Son of God, throw Yourself down; for it is written, ‘HE WILL COMMAND HIS ANGELS CONCERNING YOU’; and ‘ON their HANDS THEY WILL BEAR YOU UP, SO THAT YOU WILL NOT STRIKE YOUR FOOT AGAINST A STONE.’ ”

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The Relationship Between Temptation and God's Word

Matthew 4:8–9

⁸ Again, the devil took Him to a very high mountain and showed Him all the kingdoms of the world and their glory;

⁹ and he said to Him, “All these things I will give You, if You fall down and worship me.”

Training the Mind

Develop a Proper Response to Temptation

Recognize it for what it is

Confess sinful thoughts

Replace thoughts by bringing Scripture to mind

Meditate on the Scripture

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If the Temptation Comes a Thousand Times

Recognize it for what it is

Confess sinful thoughts

Replace thoughts by bringing Scripture to mind

Meditate on the Scripture

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A Wrong Response to Temptation Results in:

Sinful thoughts

Wasted time

Missed opportunities

Sinful actions

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A Right Response to Temptation Results in:

Spiritual thoughts

Making the most of the time

Spiritual alertness to opportunities

Godly living