



The Value of a Consistent Prayer Life

Series: Discipleship and Spiritual Growth

Selected Scriptures

(29th February, 2020)

- A. Understanding Prayer
- B. Understanding The Value of a Consistent Prayer Life
- C. Application – How Can I Have a Consistent Prayer Life

The Value of a Consistent Prayer Life

A. Understanding Prayer

1. Defining Prayer

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A. Understanding Prayer

1. Defining Prayer
2. Content of Prayer
 - a. Adoration
 - b. Confession
 - c. Thanksgiving
 - d. Supplication

The Value of a Consistent Prayer Life

“Prayer is an act of worship that glorifies God
and reinforces our need for Him”

The Value of a Consistent Prayer Life

A. Understanding Prayer

1. Defining Prayer
2. Content of Prayer
3. Aspects of Prayer

The Value of a Consistent Prayer Life

3. Aspects of Prayer

- a. We are at the Throne of God (Heb. 4:14)
- b. We are Commanded to Pray (Phil. 4:6-7; Col. 4:2; 1 Thes. 5:16-18)
- c. Christ is our Model (Luke 5:16, 6:12, 9:28, 11)
- d. Christ is our Mediator (1 Tim. 2:5)
- e. Our Attitude in Prayer (Eph. 3:12; Acts 2:28;
- f. None of our prayers are Wasted (Revelation 5:8)

The Value of a Consistent Prayer Life

- A. Understanding Prayer
- B. Understanding the Value of a Consistent Prayer Life

“Always does not mean that we are to neglect the ordinary duties of life; what it means is that the soul which has come into intimate contact with God in the silence of the prayer-chamber is never out of conscious touch with the Father, that the heart is always going out to him in loving communion, and that the moment the mind is released from the task on which it is engaged, it returns as naturally to God as the bird does to its nest.

What a beautiful conception of prayer we get if we regard it in this light, if we view it as a constant fellowship, an unbroken audience with the king.

- EM Bounds (Purpose in Prayer)

The Value of a Consistent Prayer Life

B. Understanding the Value of a Consistent Prayer Life

1. Keeps you in Constant Communion with God (Heb. 4:14)
2. Molds Your Character in Conformity to the Lord Jesus (Luke)
3. Develops a Habit of Dependence on God (John 15:5)

“As it is the business of the tailors to make clothes and cobbler to mend shoes so it is the business of the Christians to pray”

~ Martin Luther

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B. Understanding the Value of a Consistent Prayer Life

1. Keeps you in Constant Communion with God (Heb. 4:14)
2. Molds Your Character in Conformity to the Lord Jesus (Luke)
3. Develops a Habit of Dependence on God (John 15:5)
4. Equips you to Face the Enemy (Eph. 6:10-18)

“Satan dreads nothing but prayer. His one concern is to keep the saints from praying. He fears nothing from prayerless studies, prayerless work, prayerless religion. He laughs at our toil, he mocks our wisdom, but he trembles when we pray.”

- Samuel Chadwick

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B. Understanding the Value of a Consistent Prayer Life

1. Keeps you in Constant Communion with God (Heb. 4:14)
2. Molds Your Character in Conformity to the Lord Jesus (Luke)
3. Develops a Habit of Dependence on God (John 15:5)
4. Equips you to Face the Enemy (Eph. 6:10-18)
5. Strengthens you to Suffer for Christ (Psalm 69)
6. Prepares you for Eternity with Christ (Luke 21:34-36)

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- A. Understanding Prayer
- B. Understanding the Value of a Consistent Prayer Life
- C. Application – How Can I Have a Consistent Prayer Life

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C. Application – How Can I Have a Consistent Prayer Life

1. Know that prayer is learned

“Mastering the art of prayer, like any other art, will take time, and the amount of time we allocate to it will be the true measure of our conception of its importance. We always find time for that which we deem most important.”

- J Oswald Sanders (Spiritual Leadership)

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C. Application – How Can I Have a Consistent Prayer Life

1. Know that prayer is learned
2. Turn events into opportunities for prayer
 - Travelling, Office, Meeting Customer, Children
3. Fixed and flexible timings for prayer
4. Pray through the Psalms

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