

# PSALM 144

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## THE BLESSINGS OF BEING GOD'S PEOPLE

### Psalm 144:15

“How blessed are the people who are so situated;  
How blessed are the people whose God is the Lord!”



# I. **Examining** God's Special Care for His People

Psalm 144:1-4

*A Psalm of David*

*"Blessed be the LORD"*

*YHWH*

## A. **Four Depictions of God** vs 1-2

# 1 - my rock who trains my hands for war, And my fingers for battle;

# 2 - My lovingkindness and my fortress,

# 3 - My stronghold and my deliverer,

# 4 - My shield and He in whom I take refuge,  
who subdues my people under me.



# I. Examining God's Special Care for His People

## Psalm 144:1-4

*A Psalm of David*

### A. Four Depictions of God *vs 1-2*

# 1 - my rock ~~who~~ *trains*

*my hands for war,*

*\*Psalm 18:1-3* *And my fingers for battle;*

*hiding place?*

*fortress?*

**Matt 16:16-18** ~~weapon!~~ Simon Peter answered, "You are the Christ, the Son of the living God."

And Jesus said to him, "Blessed are you, Simon Barjona, because flesh and blood did not reveal this to you, but My Father who is in heaven. "I also say to you that you are Peter, and upon this rock I will build My church; and the gates of Hades will not overpower it.

## Deut 32:4 -

"The Rock! His work is perfect, For all His ways are just; A God of faithfulness and without injustice, Righteous & upright is He."



# I. Examining God's Special Care for His People

## Psalm 144:1-4

*A Psalm of David*

### A. Four Depictions of God *vs 1-2*

# 1 - *my rock who trains  
my hands for war,  
And my fingers for battle;*

- *To use your Spiritual Giftedness* \*1 Peter 4:10
- *To Study His Word* \*2 Tim 2:15
- *To Spread His Gospel* \*Matt 28:18-20
- *To Live Righteously* \*Micah 6:8
- *To Resist Temptation* \*1 Cor 10:13

### Quick Timeout

- **Who wrote this? .....▶ Does this apply to me?**
- **What did God train him to do? .....▶ What has God trained me to do?**
- **How good was he at it? .....▶ How good should I be at it?**  
**Shouldn't I praise Him for this?**



# I. **Examining** God's Special Care for His People

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## Psalm 144:1-4

*A Psalm of David*

### A. **Four Depictions of God** vs 1-2

# 1 - my rock who trains my hands for war, And my fingers for battle;

# 2 - My lovingkindness and my fortress,

# 3 - My stronghold <sup>טוֹט</sup> and my deliverer, —> favorable, loving, faithfulness

# 4 - My shield and He in whom I take refuge, who subdues my people under me.



# I. Examining God's Special Care for His People

Psalm 144:1-4

*"O LORD"*

## B. Two Descriptions of Man *vs 3-4*

*3 What is man, that You take knowledge of him?*

*Or the son of man, that You think of him?*

**# 1** - *Man is like a mere breath.*

**# 2** - *His days are like a passing shadow.*

***\*From verse 1 & 2, does man seem insignificant to God?***



# I. **Examining** God's Special Care for His People

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Psalm 144:1-4

## Questions for Reflection

- Is this your view of self?
- Is this your relationship with the Lord?
- If not....don't you want it?



## II. Evoking God's Special Care for His People



### Psalm 144:5-8

*How does David Evoke God's care?*

# 1 - <sup>5</sup> **Bow** Your heavens, **O Lord,** and **come down;**

# 2 - **Touch** the mountains, **that they may smoke.**

# 3 - <sup>6</sup> **Flash forth** lightning and **scatter them;**

# 4 - **Send out** Your arrows and **confuse them.**

# 5 - <sup>7</sup> **Stretch forth** Your **hand from on high;**

# 6 - **Rescue me** and **deliver me** out of great waters,

*....Out of the hand of aliens Whose mouths speak deceit, And whose right hand is a right hand of falsehood.*



## II. **Evoking** God's Special Care for His People

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Psalm 144:5-8

### Questions for Reflection

- Who (or what) do you tend to run to in times of need?
- Why is the Lord a much better option?



# III. **Exalting** God for His Special Care for His People

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## Psalm 144:9-11

### A. Properly Responding to God's Care vs 9-10

*9 I will sing a new song to You, O God; Upon a harp of ten strings I will sing praises to You, 10 Who gives salvation to kings, Who rescues David His servant from the evil sword.*

### B. Perpetually Relying on God's Care vs 11

*11 Rescue me and deliver me out of the hand of aliens, Whose mouth speaks deceit And whose right hand is a right hand of falsehood.*

*Where have I seen this before?*



# IV. **Expecting** God's Special Care for His People

Psalm 144:12-15

*\*Presumptuous?*

vs 3-4

## A. Three "Presumptuous" Requests of God vs 12-14

*Deut 8:1-10*

# 1 - <sup>12</sup> Let our sons in their youth be as grown-up plants,

*And our daughters as corner pillars fashioned as for a palace;*

# 2 - <sup>13</sup> Let our garners be full, furnishing every kind of produce,

*And our flocks bring forth thousands and ten thousands in our fields;*

# 3 - <sup>14</sup> Let our cattle bear Without mishap

*and without loss, Let there be no outcry in our streets!*



# IV. **Expecting** God's Special Care for His People

Psalm 144:12-15

## B. Two Perfect Realities of God's People *vs 15*

# 1 - *15 How blessed are the people who are so situated;*

# 2 - *How blessed are the people whose God is the LORD*

### Final Questions for Reflection

- Are you one of God's people?
- Do you expect & rely on His Faithfulness?
- Do you live in light of the wonderful blessings He has provided for us as His people?