

A close-up, black and white photograph of an hourglass. The top bulb is partially filled with dark sand, and a thin stream of sand is falling from the narrow neck into the bottom bulb, which is already partially filled. The hourglass is set against a solid black background.

# Teach us to Number our Days

Psalm 90

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## *Psalms 90*

- I. The Inevitability of our Numbered Days
  - A. The contrast with everlasting God (1-2)
  - B. The certainty of our coming death (3-6)
  - C. The cause of our brief life (7-9)
  - D. The common length of life (10)
- II. The Importance of Numbering our Days
  - A. Such perspective does not come naturally (11-12a)
  - B. Such perspective is vital to growing in wisdom (12b)

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## *Psalms 90*

- I. The Inevitability of our Numbered Days
- II. The Importance of Numbering our Days
- III. The Impact of Numbering our Days
  - A. Live embracing the wisdom of God (12)
  - B. Long for the return of the Lord (13)
  - C. Rejoice in the steadfast love of God (14-15)
  - D. Look for the work and majesty of God (16)
  - E. Strive for that which endures (17)