

An Outline of Psalm 103

- I. A Call to Personal Praise & Thanksgiving (1-2)
- II. Five Reasons for Personal Praise & Thanksgiving (3-5)
- III. Three Reasons for Corporate Praise & Thanksgiving (6-18)
- IV. A Call to Universal Praise & Thanksgiving (19-22)

Forget None of His Benefits! (Pt. 1)

Psalm 103

- I. A Call to Personal Praise & Thanksgiving (1-2)
 - A. The Practice of Praise & Thanksgiving (1-2a)
 - 1. Its Expression: "Bless"
 - 2. Its Object: "Yahweh"
 - 3. Its Origin: "My Soul"
 - 4. Its Passion: "All that is within me"
 - 5. Its Resolve: "Bless the LORD, O my soul"
 - B. The Categories of Praise & Thanksgiving (1b, 2b)
 - 1. God's Holy Name (1b)
 - 2. God's Countless Benefits (2b)

Forget None of His Benefits! (Pt. 1)

Psalm 103

- I. A Call to Personal Praise & Thanksgiving (1-2)
- II. Five Great Reasons for Personal Praise & Thanksgiving (3-5)
 - A. He pardons our sin & guilt (3a).
 - B. He restores and sustains our health (3b).
 - C. He preserves our lives (4a).
 - D. He initiates & sustains a relationship with us (4b).
 - E. He fills our lives with good (5).

The Primary Lessons...

1. Follow the biblical practice of praise & thanksgiving.
 - Its Expression—bless
 - Its Object—Yahweh
 - Its Source—the soul
 - Its Passion—all within us
 - Its Resolve—bless the Lord, O my soul
2. Make these benefits the framework for your praise and thanksgiving this week...
 - He pardons our sin & guilt (3a).
 - He restores and sustains our health (3b).
 - He preserves our lives (4a).
 - He initiates & sustains a relationship with us (4b).
 - He fills our lives with good (5).

The Primary Lessons...

3. Seek forgiveness & a relationship with God by repentance and faith in the Lord Jesus Christ.
4. In the Lord's Table, celebrate pardon for all your sins through Christ and a new relationship with God as Father.