

Lesson #3 – Getting to the Heart of Conflict

James 3:13–4:3

I. The General _____ at the Heart of Conflict – 3:13–17

A. Worldly _____ Ambition Produces _____

B. A Godly _____ Disposition Produces _____

II. The Specific _____ at the Heart of Conflict – 4:1–3

A. The Source of Conflict: A Strong _____

B. The Catalyst for Conflict: An _____ to that Desire

C. The Consequence of Conflict: A _____
Relationship

II. The Biblical _____ to Conflict in Marriage

A. How to _____ Conflict

1. Address the Idolatrous _____ of Your Heart
2. Recognize _____ Are Part of God's Design
3. Embrace the _____ God Has Given You in Marriage
4. Discuss the _____ You Have in Marriage
5. Submit to the _____ of God and His Word

B. How to _____ Conflict

1. Respond as a _____
2. _____ of Your Sin
 - a. Sinful _____ Arising from Conflict (Fruit)
 - b. Sinful _____ that Cause Conflict (Root)

3. _____ Your Sin to Your Spouse

7 A's of Confession (Peacemaking for Families)

- Address Everyone Involved
- Avoid If, But, Maybe
- Admit Specifically
- Apologize
- Accept the Consequences
- Alter your Behavior
- Ask for Forgiveness and Allow Time

4. _____ Your Spouse

Promise to...

- Not dwell on their sin
- Not bring up their sin to use it against them
- Not talk to others about their sin
- Not treat them in light of your sin

Discussion Questions:

1. Who or what do we typically blame for conflict in marriage?
2. Describe the relationship between our desires and our marriage conflicts? How have you seen this relationship play out in your marriage?
3. What are some common ways we undermine our confession when talking with our spouse?
4. Which of the 7 A's of confession would make the most significant impact if you were to start practicing it consistently? Why?
5. Discuss with your spouse: What one change will we work to make to prevent conflicts? What one change will we work to make to resolve conflicts?