

# The Deadly Sin of Lust (Pt. 1)

## *Matthew 5:27-30*

- I. The Law against Adultery Recalled (27)
  - A. What This Command Forbids
    1. Specifically: Adultery
    2. Generally: All Sexual Sins

## Q. 139 (*Westminster Larger Catechism*) Sins forbidden in the 7th Commandment

- Adultery, premarital sex, rape, polygamy, incest, homosexuality
- All sexual desire to engage in those sins—whether in the imagination, thoughts, plans, or affections
- Talking about sexual sin, including crass sexual jokes, or subtle innuendo, or listening to such talk
- Sexually charged looks that display sexual hunger
- Wearing immodest clothes; forbidding legitimate marriage; being involved with prostitutes
- Deciding to remain single when you don't have the gift of singleness; undue delay of marriage; unbiblical divorce; deserting your spouse
- Entertainment that excuses or celebrates sexual sin
- Anything that stirs up...sexual sin in ourselves or others.

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#### B. What This Command Requires

1. If you're unmarried, be committed to saving God's gift of physical intimacy for a biblical marriage.
2. If you're married...
  - a. Reserve the gift of physical intimacy *solely for* your spouse (Mt. 5:27)
  - b. Enjoy the gift of physical intimacy *regularly with* your spouse, unless there are valid reasons not to do so (1 Cor. 7:1-5)

## Q. 138 (*Westminster Larger Catechism*) Duties required in the 7th Commandment

- Complete purity in body, mind, affections, words, and behavior
- Being careful to guard our own purity and that of others
- Carefully guarding our eyes and other senses
- Choosing to befriend only those committed to sexual purity
- Dressing modestly; pursuing marriage if you don't have the gift of singleness; keeping your heart and body for your future spouse
- Being faithful to enjoy the physical relationship in marriage; living with your spouse and not being apart for long periods of time.
- Staying away from all circumstances that tempt you to sexual sin
- Resisting temptation to sexual sin

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### II. The Law against Adultery Misinterpreted (27-28)

# How can our hearts become clean?

1. God completely cleanses the heart of the believing sinner at salvation (Acts 15:9; 1 Pet. 1:22).
2. God continues to cleanse the hearts of believers as we confess and repent of our sins (1 Jn. 1:7, 9).
3. We must continually cleanse our own hearts from patterns of sin (2 Cor. 7:1; 1 Th. 4:1-8).